# Hamilton-Wenham volleyball team down Newburyport

By [Christopher Hurley](mailto:churley@wickedlocal.com), HW Chronicle  
Sep 14, 2017 at 2:25 PM  
  
Alessandra Brizuela brought her A-game as the Hamilton-Wenham volleyball team defeated Newburyport, 3-0, Sept. 20.

The Generals generated plenty of offense in front of their home crowd winning in straight sets 25-7, 25-17 and 25-7. With the win, Coach Jennifer Flynn’s squad improved its undefeated record to a prefect 5-0.

A sophomore middle hitter, Brizuela provided a pair of kills to go along with two big blocks. She was complimented by the heady play of sophomore outside hitter Vanessa Brown, who was the team’s top server, adding two kills in the sweep.

Hamilton-Wenham will travel to Ipswich for their next game, Monday, Sept. 18 at 5:30 p.m.  
  
 **Masconomet turns up the heat in the second half to take down Generals**By Jean DePlacido Correspondent, Salem News  
September 15, 2017  
  
BOXFORD — The game started out as a defensive battle.

But once the Masconomet girls soccer team broke the ice, there was no stopping them.

After a scoreless first half in which each squad felt each other out, the Chieftains finally scored 53 minutes in, then added two late insurance tallies to defeat their Cape Ann League rivals from Hamilton-Wenham, 3-0, Thursday afternoon.

Senior captain Nicole Arrington, who led her team in scoring a year ago, figured in all three with a goal and two assists as the Chieftains (now 3-0) kept up the pressure the entire second half.

"We knew coming in that coach (Nancy) Waddell is a defensive coach, and we prepared for that," Masconomet's first-year head coach Alison Lecesse said of her H-W counterpart. "It was a bit tentative in the first half, but we tried to switch that packed-in box and did a much better job in the second half.

"Our forwards, Nicki and freshman Morgan Bovardi, play well off each other and chase down every ball. These girls want it and if there's a glimmer of a chance, they'll get there."

Bovardi and Arrington both had a few good runs in the first half, but what had been a back-and-forth contest began to shift in Masconomet's favor early in the second half as they kept applying pressure on Generals' sophomore goalie Addie Condon. The Chieftains began to make runs up the sidelines, spreading the field out with great passes.

After Masconomet rang a shot off the post, Arrington raced down the left sideline after a free ball. Condon came way out of her net to try to cut down the angle and got a piece of the ball, but couldn't hold onto it. Arrington raced past the downed goalie and fired a low shot into the empty net to put her team on the board, 1-0.

"It was pretty even the whole first half, but that unfortunate goal turned the tide," said Waddell, her team now 0-2-1. "That ball seemed to die in the grass when she went out to get it. We had been doing such a good job defending against so much pressure up to that point."

Carolyn Hanson was in goal for Masconomet in the first half, and Maria Lantzakis took over after intermission to share in the shutout. The toughest shot Lantzakis faced came before the hosts broke the scoreless tie when Eliza Campbell blasted through the middle to go in alone. Lantzakis came out of her net to smother the shot.

Allysha Prouix-Walter, a senior captain, scored an insurance tally on a throw-in by Arrington with eight minutes remaining. Less than a minute later Masconomet added another on a goal by Bovardi, with Arrington and Athena Kordis getting the assists.

"Both Bovardi and midfielder Allie Vaillancourt (who is also a freshman) stepped up," said Lecesse. "Olivia Bonacorso was great at center midfield, and both Belle Young and Rachel Murphy also had strong games. They can play wherever I put them and I know they'll get the job done."

Waddell singled out Erin O'Shea for outstanding play at midfield along with sweeper Belle Dolan.

"Dolan cleaned up a lot of balls," said Waddell. "I thought we played well; we just need to get that first win under our belts. Masco's a team that keeps going, gets one, then breaks the game open."

# GRIDIRON GEMS FOR WEEK 1 Salem News, September 12, 2017

SAM WEBBER \* HAMILTON-WENHAM  
Linebacker

Offense gets the headlines, but defense gets the job done. And few defensive players did the job in Week 1 as well as Sam Webber.

Making his first varsity start, the 5-foot-9, 180-pound junior linebacker was a tackling machine with eight stops, along with three tackles-for-loss in the Generals' home shutout win over Bishop Fenwick. Webber helped set the tone by making a stop in the backfield on Fenwick's first drive to eventually get possession for the hosts.

It was Hamilton-Wenham's first shutout win on opening day since 2011 — coincidentally, also the last the time the Gens won a league championship. If Webber and his defensive teammates continue to play as physically as they did Saturday, that's a big positive omen for H-W.

# 2017 Salem News volleyball team-by-team previews  September 12, 2017 HAMILTON-WENHAM

Last year's record: 18-5 (lost to Burlington in Division 2 state semifinals)  
Head coach: Jen Flynn (8th season)|  
Team captains: Lauren Flynn, Sr., outside hitter; Katie Hankin, Sr., outside hitter; Cecily Szady, Sr., middle hitter  
Other key players: Grace Lapain, Sr., Libero, Alex Padellaro, Sr., setter; Jaiden Hartley-Ward, Sr., right side hitter; Talia Hicks, Sr., right side hitter  
Coach's outlook: "We have a lot of experience on this team and our three captains have been together for four years," said Flynn. "I'm very optimistic."

# Hamilton-Wenham volleyball team grounds Georgetown

HW Chronicle  
By [Christopher Hurley](mailto:churley@wickedlocal.com)   
Sep 7, 2017 at 3:45 PM

Senior setter Alex Padellaro dished eight assists, as the Hamilton-Wenham volleyball team grounded Georgetown, 3-0, Sept. 6.

The Generals (2-0) were clicking on all cylinders winning in straight sets 25-20, 25-9 and

25-10. Padellaro was perfect hitting all of her 14 serves. Senior Cecily Szady was just as sharp with her hustle.

If their season opener was any indication, the Hamilton-Wenham should be in store for another exciting season.

Coach Jennifer Fynn’s squad shutout Danvers, 3-0, in its home opener, Sept. 5. The Generals took the match winning in straight sets 25-16, 25-11 and 25-21, to complete the sweep.

Senior libero Grace Lapain led the charge with 18 digs. Senior setters Jaiden Hartley-Ward and Padellaro also played well. The team was highly accurate from the serving area

Hitting at a 90.5 percent clip on the evening.

Hamilton-Wenham play host to Triton, Friday, Sept. 8 at 5:30 p.m.

# [Football Roundup: Hamilton-Wenham shuts down Bishop Fenwick](http://www.bostonherald.com/sports/high_school/2017/09/football_roundup_hamilton_wenham_shuts_down_bishop_fenwick)

[Brian Roach](http://www.bostonherald.com/users/brian_roach), Boston Herald  
Sunday, September 10, 2017

Pitching a shutout is difficult to do in any sport, especially football.

Hamilton-Wenham did just that yesterday in Hamilton with a 21-0 victory over Bishop Fenwick in could be a playoff matchup in Division 6 North later this season.

“We knew we were playing them without their quarterback (Corey Bright) and it was good for us,” said Hamilton-Wenham coach Jim Pugh. “Not so good for them, but that didn’t take away from how physical the defense played today. We were hitting people and making tackles. It was a good win for us.”

The Generals defense allowed just 84 total yards in the first half and only 30 yards to the starters in the second half in what was a strong display of strength and quickness, capped by an Anthony Pallazola interception with 1:51 to go in the contest.

“I feel like we were especially physically today,” said senior wideout Jake Lanciani. “We talked about all week that we haven’t beat (Fenwick) in five or six years and we were just really physical. We just had a really big drive to win today.”

Lanciani was one of many bright spots for the H-W offense, as he started off the scoring with a leaping 29-yard touchdown grab of Billy Whelan’s throw to cap a six-play drive with 1:12 to go in the first quarter.

Lanciani wasn’t done, as he added a 38-yard catch-and-run, and an unsportsmanlike penalty tacked on 15 yards. Two plays later senior Andrew Riccio (nine carries, 49 yards) ran it in from 6 yards out for a 14-0 lead with 1:20 left in the first half.

Hamilton-Wenham got the ball to start the second half, and put this game away with a nine-play drive that took 4:38. This time, Whelan (7-of-12, 156 yards) kept it and scrambled to the left for a 2-yard score to put this game out of reach at 21-0.

“We have a team that can score quickly,” Pugh said. “Everyone just stepped up and Whelan is our field general. It is now is second year and he is a smart kid.”

# Hamilton-Wenham uses big plays, suffocating defense to drop Fenwick [By Matt Williams Salem News Staff writer](https://www.salemnews.com/users/profile/Matt%20Williams) Sep 9, 2017 HAMILTON — Senior co-captain Phil Durgin was starting for the third straight season on opening day in the middle of the Hamilton-Wenham defense. After four quarters of hard-hitting football, there was no doubt that Durgin and his fellow defensive seniors had saved their best start for their last high school campaign. The Generals blanked Bishop Fenwick, 21-0, on a sunny Saturday afternoon to begin a season that appears filled with promise on what was undoubtedly the right foot. "This is something we've shot for our whole four years," said Durgin, who began his sophomore and junior years with losses to these same Crusaders. "Fenwick's always a challenge, and we've been building to this for a long time. It's a great win, good for our confidence ... but we'll stay grounded." Billed as a battle of two of the North Shore's top returning quarterbacks, Hamilton-Wenham junior Billy Whelan was in midseason form. He completed 70 percent of his passes (7-of-10) to five receivers while leading the Generals to touchdowns on three of their first four possessions. Unfortunately for the visiting Crusaders, their ace junior, Cory Bright, was held out with an injury. The co-captain got hurt in a scrimmage and played the first two series' Saturday before head coach Dave Woods lifted him with an eye towards the long haul. "Cory wants to be out there and his teammates want him out there. If he's not right and he gets set back another three weeks, though, that's on me as a coach," said Woods, whose club was also without injured captain Jaycab Reynoso. "There's always going to be injuries in football. The 11 guys out there have to be ready to play." Fenwick's defense was determined to bottle up Hamilton-Wenham senior Cam Peach, shading double coverage to his side of the field every down. Whelan took that in stride by hooking up with Lanciani for a 30-yard score on the opening drive, then again for 39 more yards to set up Andrew Riccio's touchdown scamper in the second quarter. "It was clear they really wanted to take Cam away, but that's a trade off," said H-W's second-year head coach, Jim Pugh. "Jake, I think, is one of the better receivers in the state, so if he's 1-on-1 that's a tough matchup." Peach hauled in two balls for 24 yards and Lanciani grabbed two for 69. The Generals did a good job mixing in the run as well, with Riccio carrying for 59 yards and speedster Ian Coffey picking up 26. Whelan called his own number for a 3-yard score that make it 21-0 to begin the third after Lanciani made the third of his extra points. Behind by three scores and without Bright, Fenwick's offense couldn't catch up. Junior QB Derek DelVecchio played well in Bright's stead, but the Crusaders couldn't get enough push up front against a Hamilton-Wenham front that included captain Morgan Liphardt and ends Crowley and Thomas Monahan applying pressure. "Dave's too classy a guy to make excuses, but the fact is while it's a great win for Hamilton, we all know how tough it is to play without your best guy," said Pugh. "We have all the respect in the world for Cory. He's run over us the last two years, and I'm sure our defensive backs were glad they didn't have to tackle him." Especially at linebacker, Durgin and first-time starters Sam Webber (three tackles for loss) and Daniel Tobin had immense games for the winners.  Bishop Fenwick got some yardage with fullback Luis Naranjo (67 yards on 11 carries), but couldn't sustain drives as the Generals tightened up on defense. "We had a good game plan and we knew as a linebacking group that we'd have a chance to make a lot of tackles," said Durgin. "We focused on stopping the run and forcing things up the middle. As a group, the D-line and linebackers did a good job." Freshman Angel Martinez gave Bishop Fenwick a burst at running back with 47 yards on seven tries. Junior linebacker Ian Connor was his club's leading tackler. "We did some things well in spurts, and I thought Angel ran it great for a freshman," said Woods. Senior Anthony Pallazola grabbed a late interception for Hamilton-Wenham, which travels to North Reading for a Cape Ann League crossover game next week.  For a Generals team coming off a 7-4 season with high hopes for 2017, removing the thorn that's been Bishop Fenwick from their sides was a welcome feeling. "We're happy to have the publicity we've had, but it does put a bit of a bull's-eye on you," said Pugh. "For us to respond to that and come out and play well is a good sign."

# Moving the Chains: Veteran QB clash between H-W and Fenwick highlights opening weekend, while new signal callers gear up across North Shore

# Salem News, 9/8/2017

Would you believe that some of the North Shore’s high school football players weren’t even born yet when Al Pacino’s character in ‘Any Given Sunday’ first explained to Willie Beamen what it means to be a quarterback?

Football has changed a lot since that gridiron film classic came out in 1999, but it hasn’t changed that much. Quarterback is still the top spot, the one the team looks to for guidance and assurance while the chaos of the game unfolds around them.

The 2017 season ushers in a lot of transition under center in the greater North Shore area. All five teams in the Northeastern Conference’s Tier 1 will have new starting QBs, and of the 13 teams The Salem News deals with directly, only five quarterbacks return.

Two of those veterans are in the spotlight Saturday when Bishop Fenwick visits Hamilton-Wenham for a 2 p.m. kickoff.

The Crusaders have junior **Cory Bright**, a dual threat who passed for 1,216 yards last year and ran for 774 more. He threw two touchdowns in last year’s win over Hamilton-Wenham on opening night, and the Generals are wary of the damage he could do this weekend.

“Bright’s terrific. He’s one of the best we’ll face all year. And Fenwick’s always a solid team; we’ll have our hands full” said Generals head coach **Jim Pugh**. “He did a lot of things against us last year and he had a great game against us as a freshman. He’s beaten us twice.”

Hamilton-Wenham junior **Billy Whelan** has the talent and the weapons to match Bright — and Fenwick score-for-score — if the game unfolds that way. He threw for 1,655 yards and 18 touchdowns in 2016 and returns his top two pass catchers in **Cam Peach** and **Jack Lanciani**.

“Billy’s a true leader,” Pugh said. “He’s a smart player and when he drops back, he knows where he wants to go with the ball. We’re excited to have him back.”

Veteran coaches like Pugh and Fenwick’s **Dave Woods** might prefer strong defense and good assignment football. But if the score starts trending up for either team early, they know they have the veteran presence at QB that will calm things down and give them a chance to make some plays.

Before reexamining some of the other vets, let’s look at home some of the preseason training camp battles for the QB spot played out:

# [Hamilton-Wenham’s Cam Peach on record-breaking tear](http://www.bostonherald.com/sports/high_school/2017/09/hamilton_wenham_s_cam_peach_on_record_breaking_tear)

[**Bob Albright**](http://www.bostonherald.com/users/bob_albright)**, Boston Herald**   
Wednesday, September 06, 2017

Hamilton-Wenham senior wide receiver Cam Peach knows all about double coverage.

“I have seen it a lot, but once I beat the first guy then the second guy is the easiest part,” said the 6-foot-1, 170-pounder who has spent the last two seasons shredding secondaries from Amesbury to Manchester.

After a stellar sophomore campaign, Peach continued his assault on the Generals’ record book last season, breaking his own school marks for receptions (55), receiving yards (819), and touchdown catches (10).The versatile Peach also handled all the punting duties for the Generals and was a disruptive force on the other side of the ball at strong safety.

Despite his defensive prowess, however, it’s the receiver’s uncanny ability to soar above the competition and snare one highlight reel catch after the next that keeps not only opposing coaches, but coach Jim Pugh as well, shaking his head.

“He is as good a receiver as I have seen, and he goes up for it like a basketball player,” said Pugh, who has seen more than a few good ones over his 14-year tenure as the head man at Masconomet. “He’s not your typical high school receiver who just runs great routes and has good hands — this kid can really go and get it.”

After narrowly missing out of the playoffs last year with a 3-4 mark, Peach and the Generals closed with four straight wins in Pugh’s first season, including an upset win over favored Ipswich on Thanksgiving. This year with all but two starters back, the Generals appear poised to give perennial Cape Ann League Small power Lynnfield a run for its money.

“We finally put all the pieces together last year and we figured out everything,” said Peach, who has 1,453 career receiving yards heading into the season.

Suffice it to say, this Peach didn’t fall too far from the family tree on the gridiron. Both Cam’s dad, Bill, and his uncle, Steve, were standouts at Saugus High before going on to even greater heights in college. Steve Peach started at quarterback as a redshirt freshman for Syracuse before later transferring to BC, where he punted and served as the backup to Doug Flutie on the team that pulled off the Miracle in Miami. Bill Peach turned in a standout, four-year career as a flanker at New Hampshire, where he played alongside former Eagles and 49ers coach Chip Kelly.

“I would go to see my uncle and he would always show me his old recruitment letters and trophies, and I just thought to myself that one day I want to have this opportunity,” Cam enthused.

Bill Peach, who is in his second season as an assistant for Pugh, is quick to note that his son is light years ahead of where he was entering his senior year of high school.

“He’s made more acrobatic catches than I ever had an opportunity to make,” Bill said. “I was a good athlete, but he is just a freakishly good athlete.”

Peach is hopeful that freakish ability will lead to a chance to suit up for his dad’s alma mater or perhaps an FCS program next fall, but for now he’s just zeroed in on the Generals’ opener with Bishop Fenwick.

“In the offseason we kept that momentum going and this year everything is clicking and that momentum has carried on. I can’t wait to get going,” he said.

**Hamilton-Wenham volleyball team aces opener**

By [Christopher Hurley](mailto:churley@wickedlocal.com)   
HW Chronicle  
Posted at 1:11 AM Updated at 1:11 AM

If their season opener was any indication, the Hamilton-Wenham volleyball team should be in store for another exciting season.

Coach Jennifer Fynn’s squad kicked off 2017 with a 3-0 shutout pver Danvers in its home opener, Sept. 5. The Generals took the match winning in straight sets 25-16, 25-11 and 25-21, to complete the sweep.

Senior libero Grace Lapain led the charge with 18 digs and a 92.3 serving percentage. Senior setters Jaiden Hartley-Ward and Alex Padellaro also played well for the team.

Overall the team combined to serve 90.5 percent on the night.

The Generals return to action against Georgetown, Wednesday, Sept. 6.

# 2017 Football Preview: Reloaded Hamilton-Wenham could dazzle on offense this fall [By Matt Williams Salem News Staff writer](https://www.salemnews.com/users/profile/Matt%20Williams) September 6, 2017 A year ago, Hamilton-Wenham won its last four football games and quietly put together one of the best seasons on the North Shore. With nine offensive starters and almost 2,000 yards of total offense back for 2017, the Generals’ fortunes look to be coming to a crescendo in their second year under head coach Jim Pugh. Junior quarterback Billy Whelan threw for 1,655 yards and 18 touchdowns last year. His offense has the potential to dazzle in 2017 as he returns his top two targets: senior captain Cam Peach, who has over 100 career receptions, and fellow senior wideout Jake Lanciani (9 receiving TDs a season ago). “Billy’s cool under pressure,” Pugh said of his returning QB. “He’s a great student and heunderstands how to diagnose a defense. He understands the psyche of receivers and how to keep everyone motivated and happy. He’s a true leader.” Peach will captain the Generals, a squad looking for their first playoff appearance since 2014, along with fellow seniors Morgan Liphardt (a two-way lineman) and Phil Durgin (fullback/linebacker). The weapons at the disposal of Pugh and Whelan are plentiful. Running back Andrew Riccio led the team with 451 rushing yards a year ago and has great athleticism, evidenced by his record breaking lacrosse season on the scoresheet. He’ll run behind Durgin, Liphardt, tight end Michael Crowley and a rugged line that includes returning starters Henry Smith, Matt Wieman and Evan Bucci. Speedy sophomore Ian Coffey is another potential playmaker both running the ball and catching passes. Overall, Hamilton-Wenham returns 33 of its 36 offensive touchdowns from 2016. “We’re excited about some of the offensive playmakers we have, and the experience on the line is really beneficial,” Pugh said. “I look at the tradition Hamilton-Wenham’s had in other sports; they’ve had a lot of success. Last year, a lot of these kids had great seasons in basketball, baseball and lacrosse. They’re doing things the right way and have been a pleasure to coach.” Defensively, Hamilton-Wenham is in good shape with Durgin, Sam Webber, Riccio and Henry Schibli returning at outside linebacker. Peach, Coffey, Lanciani and Bryson Cala bring experience to the secondary, and Hunter Wilichoski is another experienced player who could chip in. Scrimmaging Revere and Swampscott should prepare H-W for a tough start to the season that begins against fellow Division 6 North title hopeful Bishop Fenwick. The Generals hope to contend in a Cape Ann League Baker Division that features an always tough Lynnfield club, improving Manchester Essex and rival Ipswich, which won a playoff game a year ago. “Like every team, we’re undefeated right now and that’s a good thing. We’ll see if we stay that way,” said Pugh. “Our goal is to make the playoffs and try to win the league. We’ll have to stay healthy and stay consistent; it’s not always who’s the best team, but who’s going to be the better team on that given Friday night or Saturday afternoon.”

**GENERALLY SPEAKING**

Last year’s record: 7-4 (did not qualify for playoffs)

* Head coach: Jim Pugh (2nd season, 7-4)
* Team captains: Phil Durgin, Sr., FB/LB; Morgan Liphardt, Sr., OL/DL; Cam Peach, Sr., WR/DB.
* Top returning rusher: Andrew Riccio (102 carries, 451 yards, 6 TDs)
* Top returning passer: Billy Whelan (105-for-175, 1,655 yards, 18 TDs)
* Top returning receiver: Cam Peach (55 catches, 819 yards, 10 TDs)
* Last league title: 2011 (NEC/CAL Tier IV)
* Did You Know?: Last year’s 7-win season was not only Hamilton-Wenham’s best since 2011, it was the fifth straight 7-win campaign by a Jim Pugh-led squad. The ex-Masconomet Regional football boss has at least seven victories in 12 of the last 13 seasons he’s coached.

**Hamilton-Wenham football coach Jim Pugh looks forward to preseason**HW Chronicle  
  
First, the good news.

Jim Pugh, coach of the Hamilton-Wenham Regional High School football team, liked that so many of his players had great athletic seasons in other sports at the school and also hit the gym to lift weights.

Now, the not-so-good news. He wishes more players came out and hit the weights, and his participation numbers will be low again – somewhere in the high 30s to low 40s.

The Hamilton-Wenham Chronicle caught up with Pugh as the Generals gear up for training camp for the 2017 season that begins Aug. 18.

“We would have liked to have seen more kids lifting,” the former longtime Masconomet coach and second-year H-W coach said.

Pugh takes the weight room and the players’ commitment to it seriously. After the season ended last year, the Generals’ coach said, “We are looking for big things next year as long as we get into the weight room. There are a couple games we lost by not being in the weightroom. This day and age you just can’t compete on talent and athletic ability.”

Hamilton-Wenham finished Pugh’s first season with a 23-19 win over Ipswich at Hamilton-Wenham on Turkey Day. It gave the team a final record of 7-4. They won their last four: 27-6 over Whittier, 35-7 over Weston and 42-20 over Arlington Catholic before beating Ipswich.

In all, the team went 7-2 in its final nine games.

The Generals did not make the playoffs, and that’s all due to their slow start: two straight losses to begin the season: 22-0 against Bishop Fenwick, and 21-12 against North Reading.

# Hamilton-Wenham girls soccer team have great expectations HW Chronicle

When you’re good, you’re good.

The Hamilton-Wenham Regional High School girls soccer team has been one of the best girls soccer teams on the North Shore in the past few seasons.

Two straight trips to the North semifinals. A combined 33 wins in the two seasons, including 19-1-1 and a Cape Ann League title in 2015.

Nancy Waddell brings her Generals into the 2017 season for her third fall coaching the squad.

With success comes expectations, though.

The past may have bred some confidence from the returning and new players to the program. But it doesn’t mean it’s going to pave the way to automatic victories.

“The past two seasons have been incredibly successful,” Waddell said. “This group knows they have to work hard and work together to reach their goals. Our record over the past two years doesn’t give us any advantage as we head into a new season. This group needs to earn every victory. Hopefully our returning players have learned a lot from the players who have come before them, just like they set the tone for the players who will come after them.”

This season, Hamilton-Wenham heads into play after losing a great group of seniors.

But, Waddell said, just like every year, the team needs to move on and define who it is as the 2017 team.

The Generals have 52 girls out for the program this year. This gives the Generals what Waddell called a solid number at all three levels.

“I am impressed with the level of play in each grade level,” Waddell said. “This bodes well for the future.”

The Hamilton-Wenham captains are Karen Caufield, Elizabeth Gasiorowski, Erin O’Shea and Meg Vien. Caufield is a senior keeper who is returning from an ACL surgery.

“She’s a positive voice who keeps the mood upbeat,” Waddell said of Caufield.

Gasiorowski is an enthusiastic junior midfielder. When Waddell give her a job on or off the field, it’s done.

“Erin O’Shea is a senior forward/midfielder who leads by example at each and every practice,” Waddell said. “Her intensity is contagious.”

Vien, a senior forward, is coming off an ankle injury that slowed her down last year.

# 2017 Salem News Boys and Girls Cross Country team-by-team previews  September 6, 2017

**HAMILTON-WENHAM – Girl’s**

**Last year's record**: 10-0 (Cape Ann League and league meet champions)  
**Head coach**: Steve Sawyer (29th season)  
**Team captains**: To be named  
**Runners to watch**: Grace Moroney, Sr., Rebecca Erhard, Sr., Anna Cassidento, Sr., Luce Brandt, Sr., Gabrielle Hebert, Sr., Lillian Dixon, Sr., Maddy Katz, Jr., Jemma Shea, Soph.  
**Coach's outlook**: The Generals have a solid, experienced team and will be looking to keep their streak of 12 league championships in a row going. "We are looking to compete at a high level in the league and at the state level," said Sawyer.  
  
**HAMILTON-WENHAM – Boy’s**

**Last year's record**: 7-3   
**Head coach**: Steve Sawyer (34th season)  
**Team captains**: To be named  
**Runners to watch**: Ari Massos, Sr., Gannon Devlin, Sr., Ty Santos, Sr., Jake Sturim, Jr., Aidan Nistle, Jr., Henry Jones, Jr., Jack McMahon, Jr.  
**Coach's outlook**: We're very young and inexperienced, so this will be a rebuilding year," said Sawyer. "We're looking for improvements as the season goes on."

**Tuesday's area roundup: Hamilton-Wenham volleyball topples Danvers**Salem News  
September 6, 2017

**VOLLEYBALL**

**Hamilton-Wenham 3, Danvers 0:** The Falcons opened their season with a road loss to the Generals, 25-16, 25-13, 25-21. Senior libero Grace Lapain had 18 digs and setters Jaiden Hartley-Ward and Alex Padellaro played well as H-W served over 90 percent as a team. Danvers was led by junior Grace Leete (14 digs and two aces) while senior Lilly Montanari tallied 14 kills and three aces.

**2017 Salem News Girls Soccer team-by-team previews**Sep 5, 2017  
  
**HAMILTON-WENHAM  
  
Last year's record:** 13-4-2 (CAL Baker champs, lost in Division 3 North semis)  
 **Head coach:** Nancy Waddell (3rd season, 32-5-3)  
  
**Captains:** Karen Caufield, Sr., GK; Elizabeth Gasiorowski, Sr., Mid; Erin O'Shea, Sr., Mid; Meg Vien, Sr., F.  
  
**Other players to watch:** Shae Granese, Jr., D; Megan Peterson, Jr., D; Belle Dolan, So., D; Alli Chapdelaine, So., Mid; Jordan Story, Jr., Mid; Nina McCloy, Jr., F; Grace Tymann, Sr., F; Cate Pasquarello, Sr., D.  
  
**Outlook:** The Generals have had great success in their first two years under coach Nancy Waddell and with the underclassmen fully versed in the system the transition should be smooth. H-W lost some key players from last year's CAL Baker winner squad but have experience in the goal; It's been a solid preseason but they're eager to test themselves in game situations.  
  
H-W's also boasts a pair of captains in Erin O'Shea and Meg Vien that can smother opponents with possession and also have creative, accurate shots. Contending for another Baker crown is not out of the question and the Generals are among a handful of squads that could make noise in D3 North.

**2017 SALEM NEWS BOYS SOCCER TEAM-BY-TEAM PREVIEWS**Sep 4, 2017  
  
**HAMILTON-WENHAM   
  
Last year's record:** 13-4-2 (Lost in D4 North semis)  
  
**Head coach:** Matt Gauron (16th season)  
  
**Captains:** Alex Renault, Sr., CM; Nic Ong, Sr., CM; Chris LeBudde, Sr., CB; Jay Kum, Sr., CF.  
  
**Other players to watch:** Gabe Berthoud, Jr., CM; Nick Glovski, Jr., CB; Eli Leonard, Jr., F.   
  
**Outlook:** Like many of their Cape Ann League competitors, the Generals lost some valuable seniors to graduation. But they have strong leadership at the captain positions and some promising underclassmen poised to fill roles lost. The Generals pride themselves on strong defense and that should once again be a priority.

# CREAM OF THE CROP: Ranking Hamilton-Wenham High's best teams since 1972 Aug 23, 2017

**1. 2014-15 BOYS BASKETBALL**

\* Capped off a perfect 25-0 season with a convincing 59-50 win over Sutton in the Division 4 state championship game at Worcester Polytechnic Institute.

\* Star players included then-freshmen twin brothers Marcus and Max Zegarowski. Max thrived as a lights-out 3-point specialist while Marcus averaged over 20 points per contest, led the team in assists and steals and was named the Cape Ann League Player of the Year.

\* Outscored playoff opponents by a staggering 359-226 margin (69.8 points per game/45.2 points per game allowed). Among their five postseason wins, the Generals won one game by 43, two by 29 and had it not been for an uncontested 3-pointer by a Sutton reserve at the buzzer, they would've won each game by double digits.

\* Won 17 of their 20 regular season games by double digits, including 12 by at least 20 points, six by at least 30, two by at least 40 (and one by 39) and one by at least 50.

\* Implemented a smothering 2-3 zone on defense en route to holding opponents to just 46.3 points per contest.

\* Also aided by senior captain and All-League selection Jimmy Campbell, who put up all-around numbers of 12 points, eight rebounds and five assists per night.

\* Coached by Hamilton-Wenham Hall of Famer Doug Hoak, who previously guided the Hamilton-Wenham baseball team to a state title in 1988 and who went out on top by stepping down following the state title win.

+15

Hamilton-Wenham standout Emily Lanois and Masconomet’s Abbey D’Agostino keep pace in their meet held at Bradley Palmer State Park in 2008. Lanois placed first while D’Agostino (a future Olympian) was second.

Deborah Parker

**2. 2008 GIRLS CROSS COUNTRY**

\* Crowned Division 2 All-State Champions after a dominant run through the Cape Ann League regular season, Divisionals and states.

\* Finished the regular season with a clean sweep in dual meets.

\* Balanced roster was led by sisters Emily (senior) and Alison Lanois (sophomore). The elder Lanois finished in third place overall (18:33.6) in the all-state meet while her sister was 10th in a field of nearly 150 high school athletes.

\* Generals were also aided by junior Cyrena Shiland, who finished 11th in said meet, as well as Kristen Ashley who was 21st.

\* Generals total time of 1:37:48.00 in the all-state meet was nearly two minutes faster than second place Bishop Feehan. Their average individual time of 19:33.60 was 22 seconds quicker.

\* Only 18 girls in the entire all-state field broke 20 minutes, three of them coming from Hamilton-Wenham.

+15

The 1988 Hamilton-Wenham baseball team celebrates in style after winning the programs first and only Division 2 state title. COURTESY PHOTO

**3. 1988 BASEBALL**

\* Topped Greenfield, 4-1, in the Division 2 state championship bout for the program's first and only title.

\* Finished the regular season with a suspect 11-6 record, but turned it on in the tournament en route to the ship.

\* Ace pitchers included Joel Nies (who went on to pitch for Division 1 Cornell and the Fort Lauderdale Red Sox) and Generals' Hall of Famer Chris Schrock.

\* Out-dueled future major leaguer, Joe Vitiello, of Stoneham in the North semi finals.

\* Offensive stars included Chris Delmonico, Eric Searson, Mark McLaughlin and Dan Pino.

\* Coached by the legendary Doug Hoak, who was inducted to the Massachusetts Baseball Coaches Hall of Fame in 2015.

**4. 1980 SOFTBALL**

\* Seized Hamilton-Wenham's first state championship in any sport since the school's inception in 1962.

\* En route to the Division 2 state title, the 'Lady Bugs', as they were then called, topped Bishop Fenwick, 6-2, in the North final, Hull, 4-2, in the state semis, and South Hadley, 4-1, in the championship.

\* Finished the season with an impressive 12-game winning streak.

\* Janet Greene, the lone senior in the entire varsity lineup, thrived as the squads ace pitcher.

\* Coached by Earl Berg, whose championship-winning team helped pioneer female athletics at Hamilton-Wenham for generations to come.

\* First team to be inducted into Hamilton-Wenham's Athletic Hall of Fame.

**5. 2009 BOYS TENNIS**

**\*** Captured the school's first and only Division 3 state team title with a decisive 4-1 win over Mt. Greylock in the finals.

\* Compiled an impressive 13-2 regular season mark in the ever-competitive Cape Ann League, earning the No. 1 seed in tournament play.

\* Signature win came in the North Finals where the Generals upset tennis powerhouse Weston, 3-2, to garner their first sectional championship in program history.

\* Top players included Salem News Boys Tennis Player of the Year Chase Curtis, as well as second singles star Charlie Graves, Nick Petrou and Ian McCracken.

\* Coached by Joe Maher, who continues to lead the team to the playoffs year after year.

**BEST OF THE REST**

Other teams we considered for Hamilton-Wenham's ‘Cream of the Crop’

**Girls cross country:** 1999, 2000, 2013, 2014

**Boys cross country:** 2010, 2014, 2015

**Girls soccer:** 2005

**Boys soccer:** 2008

**Baseball:**1991, 1992

**Football:** 2011

# [Hamilton-Wenham’s Cam Peach on record-breaking tear](http://www.bostonherald.com/sports/high_school/2017/09/hamilton_wenham_s_cam_peach_on_record_breaking_tear)

[**Bob Albright**](http://www.bostonherald.com/users/bob_albright) Wednesday, September 06, 2017

Hamilton-Wenham senior wide receiver Cam Peach knows all about double coverage.

“I have seen it a lot, but once I beat the first guy then the second guy is the easiest part,” said the 6-foot-1, 170-pounder who has spent the last two seasons shredding secondaries from Amesbury to Manchester.

After a stellar sophomore campaign, Peach continued his assault on the Generals’ record book last season, breaking his own school marks for receptions (55), receiving yards (819), and touchdown catches (10).The versatile Peach also handled all the punting duties for the Generals and was a disruptive force on the other side of the ball at strong safety.

Despite his defensive prowess, however, it’s the receiver’s uncanny ability to soar above the competition and snare one highlight reel catch after the next that keeps not only opposing coaches, but coach Jim Pugh as well, shaking his head.

“He is as good a receiver as I have seen, and he goes up for it like a basketball player,” said Pugh, who has seen more than a few good ones over his 14-year tenure as the head man at Masconomet. “He’s not your typical high school receiver who just runs great routes and has good hands — this kid can really go and get it.”

After narrowly missing out of the playoffs last year with a 3-4 mark, Peach and the Generals closed with four straight wins in Pugh’s first season, including an upset win over favored Ipswich on Thanksgiving. This year with all but two starters back, the Generals appear poised to give perennial Cape Ann League Small power Lynnfield a run for its money.

“We finally put all the pieces together last year and we figured out everything,” said Peach, who has 1,453 career receiving yards heading into the season.

Suffice it to say, this Peach didn’t fall too far from the family tree on the gridiron. Both Cam’s dad, Bill, and his uncle, Steve, were standouts at Saugus High before going on to even greater heights in college. Steve Peach started at quarterback as a redshirt freshman for Syracuse before later transferring to BC, where he punted and served as the backup to Doug Flutie on the team that pulled off the Miracle in Miami. Bill Peach turned in a standout, four-year career as a flanker at New Hampshire, where he played alongside former Eagles and 49ers coach Chip Kelly.

“I would go to see my uncle and he would always show me his old recruitment letters and trophies, and I just thought to myself that one day I want to have this opportunity,” Cam enthused.

Bill Peach, who is in his second season as an assistant for Pugh, is quick to note that his son is light years ahead of where he was entering his senior year of high school.

“He’s made more acrobatic catches than I ever had an opportunity to make,” Bill said. “I was a good athlete, but he is just a freakishly good athlete.”

Peach is hopeful that freakish ability will lead to a chance to suit up for his dad’s alma mater or perhaps an FCS program next fall, but for now he’s just zeroed in on the Generals’ opener with Bishop Fenwick.

“In the offseason we kept that momentum going and this year everything is clicking and that momentum has carried on. I can’t wait to get going,” he said.