Onward to Washington D.C.

Miles River 8th Grade 2017
Goals

- Understand the value of becoming an active and engaged citizen
- Culminating experience for 8th grade work on civics, civil rights and justice
- Share a unique experience with 8th grade classmates
- Have a great time!
The Schedule

Depart MRMS - Tuesday June 6th at 5am (be here by 4:30am)

Return to MRMS - Friday June 9th about 10:00pm
Tuesday, June 6

- 5:00am Depart from school by bus
- Recommended bus stops (1. Milford SB service plaza in Milford, CT. Delaware House Newark, DE)
- 3:00 registration, snack, orientation upon arrival at hotel
- 5:00 White House (photo-op)
- 6:30 Dinner at Pentagon City Mall
- 7:45 Monument Tour - Iwo Jima, Pentagon 9/11 and Air Force Memorials
- 10:00 Room Check
Wednesday, June 7

- 7:30 Breakfast
- 9:00 3-Faces of democracy study - Jefferson, FDR, and MLK memorials
- 11:45 Smithsonian and lunch
  - Choose American History, Air & Space, or Natural History museum
- 2:00 Smithsonian museum of African American History and Culture
Wednesday, June 7 (continued)

- 6:00 Explore Georgetown neighborhoods in small groups and dinner
- 8:00 Memorial Tour
  - WWII, Vietnam War, Korean War, Lincoln
- 10:00 Room Check
Thursday, June 8

- 7:15 Breakfast
- 8:00 Issues in Congress Workshop
- 9:00 Mock Congress and Capitol Hill preparation - participate in an in-depth simulation of the legislative process and develop questions for Capitol Hill visit
- 10:45 Capitol Hill Visit
  - Meet with congressional staff; visit capitol galleries
  - Lunch
  - Supreme Court and Library of Congress
Thursday, June 8 (continued)

- 3:45 Holocaust Memorial museum
- 5:45 Teddy Roosevelt Island conservation area
- 6:45 Dinner and bowling
- 10:00 Room check
Friday, June 9

7:45 Breakfast
8:30 Load luggage
9:30 Arlington National Cemetery
11:30 depart for home with boxed lunches
10:00pm Approximate arrival home
## Your Esteemed Chaperones

<table>
<thead>
<tr>
<th>Mr. Craig Hovey (Co-Leader)</th>
<th>Ms. Sheila ConCannon</th>
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<tbody>
<tr>
<td>Ms. Karen Kelly (Co-Leader)</td>
<td>Ms. Chrissy de Lima</td>
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<tr>
<td>Ms. Maribeth Ting (Nurse)</td>
<td>Ms. Sue Jedrey</td>
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<tr>
<td>Ms. Kasey Young</td>
<td>Ms. Emily Neault</td>
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<tr>
<td>Ms. Katie Simko</td>
<td>Ms. Marcie Lafontaine</td>
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You Represent Our Community!

- Massachusetts
- Hamilton-Wenham
- Miles River Middle School
- Your family
- You!
Overarching Behavioral Guidelines

● Be respectful to everyone at all times
● Don’t do anything you know you shouldn’t
  ○ Ask an adult if you’re not sure
● Dress appropriately
● Clean up after yourself
● Stay with your group
Don’t Even Think About It!

These may get you sent home immediately at your expense and you will lose end of year privileges:

● Drugs, smoking, alcohol, weapons
● Leaving hotel room
● Going off alone
● Inappropriate relations
● General nuisance - repeated redirections
Preparing to Go

- Dress appropriately (see dress guidelines)
- Coordinate medication and allergies with nurse
- Leave these at home! (drugs, alcohol, tobacco/smoking products, weapons, joke items, unapproved electronics)
- Parents - check bags and complete bag check form. If signed form is not presented at boarding, bag will be checked by staff.
Dress Guidelines

● Dress comfortably
  ○ Comfortable shoes - lots of walking, no sandals/heels/flip flops on tours

● Dress respectfully
  ○ You will be representing our community

● Dress responsibly
  ○ Be prepared - it might rain, get cool at night and be sunny/hot during the day
What to Pack

- Casual/comfortable clothes
- Business attire (wear something nice) for Capitol Hill visit
- Good walking shoes
- Hat, sunglasses
- Toiletries
- Umbrella or rain jacket
- Pajamas
- spending/souvenir money
  - All participants will receive an ID, backpack, notebook and water bottle
Medical

- Complete Close Up medical questionnaire and consent for treatment forms
- Copy of medical insurance card (both sides)
- Complete HWRSD health forms and permission for treatment
- Coordinate with nurse for medication and allergies
Medications on the Trip

Available Medications

- Acetaminophen
- Ibuprofen
- Diphenhydramine (Benadryl)
- Motion sickness medication
- Tums
- Antibiotic ointment
- Hydrocortisone
- Calamine lotion
- Anbesol
Avoid Unnecessary Medication

Please hold any non-essential medications if at all possible

Examples:
- Multivitamins
- Supplements
- Acne antibiotics
If Medication is Needed

You will need to provide:

- A physician’s signed order for the medication
- Your written consent for the medication
- Delivery of the amount of medication needed for the trip, in a labelled pharmacy container delivered by the parent - NOT THE STUDENT

All Forms and Medications must be delivered to the Health Office by June 1st.
Three Groups

- Bus group - 3 buses
- Close Up group - 20-22 students - 5 groups
- Hotel room group - 4 students per room

*Your bus, close-up and hotel groups will probably have different mixes of students*
You will be asked for the names of 3 friends you would like to be with
We will do our best to get at least one friend in your room and Close Up group
Group Leaders have final say and may make adjustments
Electronics

• Personal cell phones, music players with headphones and cameras may be brought
• No game systems, laptops, iPads/tablets, stereos, other electronic devices
• School acceptable use policy applies
• Students assume all risk and responsibility for electronics. We will not return to a location for a lost device.
Electronics

Cell phones/cameras **may** be used at appropriate times for:

- Taking pictures of sights and friends
- Listening to music with headphones (during down time)
- Communicating with parents

Cell phones/cameras **may not** be used:

- During meetings/group instruction
- Anywhere not allowed (if posted in museums/Congress)
- If instructed by an adult (No Arguments!)
Electronics

- Any violation will result in device being held by Principal and given to parent upon return. It will be available for supervised calls home.
- Parents who wish to limit electronics use may utilize parental controls through their carrier or choose not to send them.
The Bus

- 3 busses - Bus 1+2 - 2 groups; Bus 3 - 1 group
- Stopping twice each way
- Restroom on board
- TV with DVD players may be available
On the Bus

● Remain silent when microphone is in use
● Clean up after yourselves
● Boys and girls not seated together
● Snacks are OK but don’t make a mess (no peanuts or caffeine drinks)
● PG-13 DVDs may be brought
● Headphones must be worn with personal electronics
● Be respectful of the bus restroom
While Touring

- Be respectful to everyone
- Notify chaperones of any concerns immediately
- Wear Close Up ID/lanyard at all times
- Do not leave personal items unattended
- Be on time - your tardiness could result in entire group missing something
- Show respect for the sites you visit
Meals

- Notify Close Up and nurse of any food allergies in advance
- Be orderly - no need to rush
- Clean up!
Accommodations

- We will be staying at the Hilton Crystal City in Arlington, VA
- Four students per room - two queen beds
- You must be up for breakfast at 7:15 and ready to travel at departure time
At the Hotel

- You must be in assigned room at room check and may not leave.
- A monitor will be in the hallway if you need anything.
- Be quiet and respectful while entering/exiting hotel and in elevators.
- You must remain on your floor. No visiting/vending machines.
- No yelling out windows or going on balconies (if present).
- Boys/girls on different floors. No visiting other floors.
- Students are responsible for any room damages.
Points to Reflect Upon

● In what ways does this trip connect to your learning at MRMS?
● What does our nation’s past tell us about the present and future?
● What will the problems of the future be that will need to be solved? What will my role be in that process?
● What type of citizen will I be?
● How will I use this experience to prepare me for high school and beyond?
Trip Updates

Follow the trip on Twitter:

@Principalhovey

Not on Twitter:

Twitter feed can be viewed on MRMS webpage
Most importantly have fun and enjoy the trip!